



om gaṇeśāya namaḥ

om tārāyai namaḥ



Mā Durgā Sāadhanā for Ashādha Navarātri '26

YouTube Link: [Ashadha Gupt Navaratri Sadhana | Rajarshi Nandy](#)

When to do this Sāadhanā

This sadhana is to be performed during Ashādha Navratri Dates. In India, it starts on the 15th July 2026, up to the 23rd July 2026.

Please check drikpanchang for accurate timings for your location. ([2026 Ashadha Navratri Calendar for New Delhi, NCT, India](#))

What Saṅkalpa to Take

Simple Saṅkalpa for Devata preeti:

श्रीदुर्गादेवीप्रीत्यर्थं श्रीदुर्गादेव्यानुग्रहार्थं यथाशक्ति जपं च पाठं करिष्ये।	śrī-durgā-devī-prītyartham śrī-durgā-devī-anugrahārtham yathāśakti japaṁ ca pāṭham kariṣye
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Mantra to do Japa / Recite

1. Chant the Siddha Kuṅjikā Stotram 27 times, or 54 times if comfortable with chanting the Stotram. ([Devanagari](#), [IAST](#))
2. Read the Argalā Stotram as many times as possible. ([Devanagari](#), [IAST](#))
3. Read the Durgā Saptaśatī (in Sanskrit), not in Hindi or local languages. The chapters can be divided over the period of the 9 days.



What to Offer

1. Gandham
2. Flowers
3. Kuṅkuma
4. Ghee Diya
5. Naivedyam
6. Fresh Vibhūti

Sāadhanā Procedure

1. Keep a photo of Mā Durgā.
2. Light a diya, and agarbattī or dhoop.
3. Perform Panchopachara Puja for Ma Durga

Gandha – Apply kumkum, chandan or sindoor	लं पृथिव्यात्मने नमः। गन्धं समर्पयामि।	laṃ pṛthivyātmāne namaḥ। gandhaṃ samarpayāmi।
Pushpa – Offer fresh flowers (as per devata preference)	हं आकाशात्मने नमः। पुष्पं पूजयामि।	haṃ ākāśātmāne namaḥ। puṣpaṃ pūjayāmi।
Dhupa – Wave incense (agarbatti, loban, or natural dhoop)	यं वाय्वात्मने नमः। धूपं आघ्रपयामि।	yaṃ vāyvātmāne namaḥ। dhūpaṃ arghapayāmi।
Offer Naivedyam	वं अमृतात्मने नमः। नैवेद्यं समर्पयामि।	vaṃ amṛtātmāne namaḥ। naivedyaṃ samarpayāmi।
Show deepam to the devata	रं अग्न्यात्मने नमः। दीपं दर्शयामि।	raṃ agnyātmāne namaḥ। dīpaṃ darśayāmi।
Offer a flower/akshata to the devata	सं सर्वात्मने नमः। सर्वोपचारं समर्पयामि।	saṃ sarvātmāne namaḥ। sarvopacāraṃ samarpayāmi।

Mentally say: Please accept this humble offering. Mentally bow down to your devata to accept the offerings and seek the devata's permission to start the sadhana.

4. Chant the Siddha Kuṅjikā Stotram either 27 or 54 times.
5. Read the Argalā Stotram.



6. Read the Durgā Saptasatī dividing the chapters over the 9 days.

Samarpaṇa Mantra

This mantra is to be chanted at the end of the Sāadhanā.

गुह्यातिगुह्यगोप्त्री त्वं गृहाणास्मत्कृतं जपम् । सिद्धिर्भवतु मे देवि त्वत्प्रसादान्मयि स्थिरा ॥	guhyātiguhyā-goptrī tvam grhāṇāsmatkṛtaṁ japam । siddhirbhavatu me devi tvatprasādānmayi sthirā ॥
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Sandhi Kāla Bali

1. During the Sandhi Kāla time, Lemon Bali may be given either 1 lemon or 3 lemons.
2. Sandhi Kāla time starts from 4:52 am IST on 22nd July 2026 and ends at 5:40 am IST on 22nd July 2026.

Concluding the Sāadhanā

1. At the end of the 9 days, visit any Devi temple and offer a coconut, Naivedyam and a Vastra / Saree.
2. Feed at least one little girl (preferable) or donate to any orphanage or organization taking care of girls.
3. Homa can be done at the end (svāhā can be added at the end of every 2 lines of the Siddha Kuñjikā Stotram and offerings can be made into the homa fire).

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