

Navratri Ghatasthapana Puja (Ma Tara)

Ghatasthapana is a process to invoke Mother Goddess into your home during Navratri time. The complete Ghatasthapana puja is done on the first day. Once the Ghatasthapana is completed on the first day, the ghata/kalash is considered as the living presence of Devi. So from the 2nd day onwards, regular puja is done daily on the ghata/kalash, as the swarupa of Ma till the end of Navaratri. On the 10th day, ghata visarjana is done to complete the puja.

While there are many elaborate ways of performing Tārā pūjā / sādhanā, this is a simplified method that can be used by anyone who has been doing the 16 Thursday sādhanā and is quite effective.





Materials Needed

For Ghatasthapana (on Day 1)

1. Wide and open Clay Plate for base (see image above). A wide copper or brass plate can also be used.
2. Clay pot (*kalash*) — can also use copper or brass pot
3. A clay lid – can also use clay diya, or copper or brass lid
4. Clean soil, ideally from Ganges or any river or any clean mud
5. Ideally *pancha dhanya* seeds (seeds of five different grains) or can use *jau* (barley) seeds
 - i. Hindu Puja stores normally sell pre-packaged sets of grains to be used
6. Ganga jal
7. Mouli / Kalawa (sacred red thread)
8. Attar or edible camphor
9. Pancha pallabha (five leaves representing the five vayus in the body). If not available, one can use 5 leaves of Mango or ashoka tree
10. Akshata (1 cup of unbroken rice)
11. 5 ratnas (gemstones) – if not available, may use 5 coins
12. Green coconut (used in Eastern India) or unpeeled brown coconut.
13. Red cotton cloth (for wrapping the coconut and optionally)
 - i. If you plan to use a pedestal to place the kalasha setup, you may cover it with red cloth as well
14. Flowers
15. Durva grass (optional)

For Daily puja (On all days)

1. Sandalwood paste
2. Akshata (unbroken rice - see akshata preparation section for more details)
3. Flowers
4. A ghee diya
5. Agarbatti or dhoop
6. Clean water for achamana

Akshata Preparation

Take some unbroken rice, and add kumkum, turmeric and a small amount of ghee and keep aside. This akshata can be used as a substitute whenever some puja material is unavailable such as flowers.



Ghata Preparation

1. **Preparing the soil:** First take the wide clay pot (the one which would be used to keep the Kalash) to sow the grains. Spread the first layer of the soil into the pot and then spread the grain seeds evenly. Avoid placing grains too much in the center. Now add the second layer of the soil and grains. In the second layer grains should be spread near the periphery of the pot. Now spread the third and final layer of the soil into the pot. If needed add little water to the pot to set the soil.
2. **Preparing the ghata:** Now take the ghata and tie the mauli/kalawa on the neck 9 times.
3. **Preparing the water:** Inside the ghata/kalash we place five ratnas or jewels (use 5 coins if not available) representing five indriyas and fill it up with the water up to the neck. Add a little bit of gangajal and Attar to it (can also add cloves or edible camphor to make it fragrant).
4. **Setting the leaves:** Now, adding the pancha pallabha or five leaves represent the five vayus in the body. Add one mark of sindur on each of the five leaves before putting them in the ghata/kalash. Gently place the 5 leaves at the edge of the Kalash before covering it with a lid. Make sure the base of the leaves do not touch the water or else it will contaminate the water due to leaf decomposition.
 - a. On the Kalash draw a swastika with red sindur.
5. **Setting the lid:** Fill the lid with unbroken rice (not up to the brim). We need enough rice to provide a base for the coconut to be balanced on it. Add Durva grass to the rice if you have it.
6. **Preparing the coconut:** Put five dots with sindur on the coconut before placing it. Place a red cloth on the coconut to cover as an offering of vastram. Or you may wrap the coconut with red cloth and then use a red thread to tie around it. While putting the thread, chant any mantra of Tara.. this is to protect the ghata/kalash.
7. **Placing the coconut:** Place the coconut on the rice base. The tuft of the coconut must face the individual upasaka. Add coins on the akshat base towards the side.

OPTIONAL: The ghata/kalash can be protected by a red thread around it placed in four corners around the ghata/kalash in a square formation. Each corner can have a small lump of mud on which a stick is placed and then a red thread tied around the four sticks in a way of protecting the ghata/kalash from external forces. In case this is not possible, skip this. Just the thread tied around the coconut will act as a protection.

Make sure the whole setup is stable and can stand on its own. Make sure the ghata/kalash is a bit buried in the soil and the coconut is a bit buried in the rice to provide stability.

Place some flowers on the ghata/kalash.

Now we are ready for pujas on this ghata/kalash.



Ghatasthapana Procedure (First Day Only)

In this section, we describe the puja procedure for invocation of Ma Tara into the ghata/kalash. All the steps mentioned in this section are to be done on **the first day of Navratri**.

Timing: Ideally Ghatasthapana puja is to be done during [ghatasthapana muhurtam](#) (please check drikpanchang for your location). If doing the puja during Ghatasthapana muhurtat is not possible for some reason, sthapana can be done during any time on the pratipada tithi (first tithi of Navratri per Hindu calendar) before sunset. Ghatasthapana should **NOT** be done after sunset.

Puja Process

1. Pick a place for the Ghata/Kalash setup. Do not move the setup from this place for all the days of Navratri. You may draw a small kolam or rangoli at this spot before placing the kalash. You may also use a raised pedestal covered with red cloth to place the ghata/kalash.
2. Light a diya and agarbatti. Akhand Diya (of ghee or oil) is recommended
3. Pray to Ganapati to remove the obstacles of your puja and make your puja successful
4. Mentally imagine and pray that all the devatas along with your pradhana devata (Ma Tara) bless the ghata/kalash and reside there.
5. Then, with each of the following mantras, **offer one flower or red sindoor or akshata on the ghata** to the following devatas in order. Just one pinch of sindoor or flower is enough for each devata.

ॐ श्री महागणाधिपतये नमः	om śrī mahāgaṇādhīpataye namaḥ
ॐ लक्ष्मीनारायणाभ्यां नमः	om lakṣmī-nārāyaṇābhyāṃ namaḥ
ॐ उमामहेश्वराभ्यां नमः	om umāmaheśvarābhyāṃ namaḥ
ॐ वाणिहिरण्यगर्भाभ्यां नमः	om vāṇi-hiraṇyagarbhābhyāṃ namaḥ
ॐ शचीपुरन्दराभ्यां नमः	om śacī-purandarābhyāṃ namaḥ
ॐ मातापितृभ्यां नमः	om mātāpitṛbhyāṃ namaḥ
ॐ इष्टदेवेभ्यो नमः	om iṣṭadevebhyo namaḥ
ॐ कुलदेवताभ्यो नमः	om kuladevatābhyo namaḥ
ॐ ग्रामदेवताभ्यो नमः	om grāmadevatābhyo namaḥ
ॐ वास्तुदेवताभ्यो नमः	om vāstudevatābhyo namaḥ



Kamakhya Bhairava Upasaka Foundation

By Shri Rajarshi Nandy

ॐ स्थानदेवताभ्यो नमः	om sthānadevatābhyo namaḥ
ॐ गृहदेवताभ्यो नमः	om gṛhadevatābhyo namaḥ
ॐ सर्वेभ्यो देवेभ्यो नमः	om sarvebhyo devebhyo namaḥ
ॐ सर्वेभ्यो ब्राह्मणेभ्यो नमः	om sarvebhyo brāhmaṇebhyo namaḥ
ॐ भूः	om bhūḥ
ॐ भुवः	om bhuvah
ॐ स्वः	om svah
ॐ महः	om mahah
ॐ जनः	om janah
ॐ तपः	om tapah
ॐ सत्यम्	om satyam
Offer one flower or petal touched in little Chandan with each of the following mantras.	
एते गन्धपुष्पे ॐ गं गणपतये नमः	ete gandhapuṣṣe om gaṃ gaṇapataye namaḥ
एते गन्धपुष्पे ॐ आदित्यादि नवग्रहेभ्यो नमः	ete gandhapuṣṣe om ādityādi navagrahebhyo namaḥ
एते गन्धपुष्पे ॐ शिवादि पञ्चदेवताभ्यो नमः	ete gandhapuṣṣe om śivādi pañcadevatābhyo namaḥ
एते गन्धपुष्पे ॐ इन्द्रादि दशदिक्पालेभ्यो नमः	ete gandhapuṣṣe om indrādi daśadikpālebhyo namaḥ
एते गन्धपुष्पे ॐ मत्स्यादि दशावतारेभ्यो नमः	ete gandhapuṣṣe om matsyādi daśāvatārebhyo namaḥ
एते गन्धपुष्पे ॐ प्रजापतये नमः	ete gandhapuṣṣe om prajāpataye namaḥ
एते गन्धपुष्पे ॐ नमो नारायणाय नमः	ete gandhapuṣṣe om namo nārāyaṇāya namaḥ
एते गन्धपुष्पे ॐ सर्वेभ्यो देवेभ्यो नमः	ete gandhapuṣṣe om sarvebhyo devebhyo namaḥ
एते गन्धपुष्पे ॐ सर्वेभ्यो देवीभ्यो नमः	ete gandhapuṣṣe om sarvebhyo devībhyo namaḥ
एते गन्धपुष्पे ॐ श्रीगुरवे नमः	ete gandhapuṣṣe om śrīgurave namaḥ



Then, fold hands and say	
ॐ तद्विष्णोः परमं पदं सदा पश्यन्ति सूरयः । दिवीव चक्षुराततम् ॥	om tadviṣṇoḥ paramaṁ padam sadā paśyanti sūrayaḥ divīva cakṣurātataṁ
Take little water from the achaman patra with a flower and sprinkle all around saying..	
ॐ अपवित्रः पवित्रो वा सर्वावस्थां गतोपि वा । यः स्मरेत्पुण्डरीकाक्षं स बाह्याभ्यन्तरः शुचिः ॥	om apavitraḥ pavitra vā sarvāvasthāṁ gato'pi vā yaḥ smaret puṇḍarīkākaṣaṁ sa bāhyābhyantaraḥ śuciḥ

- Take sankalpa to keep the ghata/kalash for all the 9 days of navratri and worship Her for all 9 days.
 - You can include maintaining Akhanda Diya to the sankalpa
 - You can take sankalpa for the Tara sadhana (as instructed in the video) if you wish.
- Recite basic sloka for propitiating mahaganapati and pray to remove any obstacles. Offer a flower or akshtas.

वक्रतुण्ड महाकाय सूर्यकोटि समप्रभ । निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥	vakratuṇḍa mahākāya sūryakoṭi samaprabha nirvighnaṁ kuru me deva sarvakāryeṣu sarvadā
---	--

- Then do Swasti Vachanam as follows:

ॐ भद्रं कर्णेभिः शृणुयाम देवाः । भद्रं पश्येमाक्षभिर्यजत्राः । स्थिरैरङ्गैस्तुष्टुवागँसस्तनूभिः । व्यशेम देवहितं यदायूः । स्वस्ति न इन्द्रो वृद्धश्रवाः स्वस्ति नः पूषा विश्ववेदाः । स्वस्ति नस्तार्क्ष्यो अरिष्टनेमिः स्वस्ति नो बृहस्पतिर्दधातु ॥ ॐ शान्तिः शान्तिः शान्तिः ॥	om bhadraṁ karṇebhiḥ śṛṇuyāma devāḥ । bhadraṁ paśyemākṣabhiryajatrāḥ । sthirairāṅgaistuṣṭuvāgaṁsas tanūbhiḥ । vyaśema devahitaṁ yadāyuh । svasti na indro vṛddhaśravāḥ svasti naḥ pūṣā viśvavedāḥ । svasti nastārksyo ariṣṭanemiḥ svasti no bṛhaspatir dadhātu ॥ om śāntiḥ śāntiḥ śāntiḥ ॥
---	--

- Now offer one flower/ little sindoor to each of the deities below:

ॐ दुर्गे दुर्गे रक्षिणी हुं फट् स्वाहा	om durge durge rakṣiṇi huṁ phaṭ svāhā
ॐ ऋतं सत्यं परं ब्रह्म पुरुषं कृष्णपिङ्गलम् । ऊर्ध्वरेतं विरूपाक्षं विश्वरूपाय वै नमो नमः ॥	om ṛtaṁ satyaṁ paraṁ brahma puruṣaṁ kṛṣṇapiṅgalam, ūrdhvaretaṁ virūpākṣaṁ viśvarūpāya vai namo namaḥ.



एते गन्धपुष्पे ॐ ब्रह्मणे नमः	ete gandhapuṣṣpe om brahmane namaḥ
एते गन्धपुष्पे ब्राह्मणेभ्यो नमः	ete gandhapuṣṣpe brāhmaṇebhyo namaḥ
एते गन्धपुष्पे ॐ आचार्येभ्यो नमः	ete gandhapuṣṣpe om ācāryebhyo namaḥ
एते गन्धपुष्पे ऋषिभ्यो नमः	ete gandhapuṣṣpe ṛṣibhyo namaḥ
एते गन्धपुष्पे देवेभ्यो नमः	ete gandhapuṣṣpe devebhyo namaḥ
एते गन्धपुष्पे वेदेभ्यो नमः	ete gandhapuṣṣpe vedebhyo namaḥ
एते गन्धपुष्पे तन्त्रेभ्यो नमः	ete gandhapuṣṣpe tantrebhyo namaḥ
एते गन्धपुष्पे वायवे नमः	ete gandhapuṣṣpe vāyave namaḥ
एते गन्धपुष्पे मृत्यवे नमः	ete gandhapuṣṣpe mr̥tyave namaḥ
एते गन्धपुष्पे विष्णवे नमः	ete gandhapuṣṣpe viṣṇave namaḥ
एते गन्धपुष्पे वैश्रवणाय नमः	ete gandhapuṣṣpe vaiśravaṇāya namaḥ
एते गन्धपुष्पे उपजाय नमः	ete gandhapuṣṣpe upajāya namaḥ
एते गन्धपुष्पे ॐ कौम् कुमार्यै नमः	ete gandhapuṣṣpe om kaum kumāryai namaḥ

NOW IMAGINE THE GHATA/KALASH HAS ENERGY OF MA TARA.

Daily Puja Process

The following steps are to be done daily for all days of Navratri (including the first day after Ghatasthapana and on the last day before visarjana). This process will take about 40 minutes, not including the japa and dhyanam. The whole process done daily will create a very strong impact when all the deities are invoked and fed daily.

Note: If one does not have flowers, then one can use akshata prepared.

Note: If one is unable to do this process daily due to lack of time, one can do **dhyānam of Mā Tara**, Panchopachara Puja of **Mā Tara**, **Japa**, **Dhyānam** on the shloka and **Samarpana** for an abridged process.



Daily Puja Steps

1. Dhyānam of Mā Tara

प्रत्यालीढपदां घोरां मुण्डमालाविभूषिताम् । खर्वा लम्बोदरीं भीमां व्याघ्रचर्मावृतां कटौ ॥ नवयौवनसम्पन्नां पञ्चमुद्राविभूषिताम् । चतुर्भुजां लोलजिह्वां महाभीमां वरप्रदाम् ॥ खड्गकर्तृकासमायुक्तसव्येतरभुजद्वयाम् । कृपाणोत्पलसंयुक्तसव्यपाणियुगान्विताम् ॥ पिङ्गोग्रैकजटां ध्यायेन्मौलावक्षोभ्यभूषिताम् । बालार्कमण्डलाकारलोचनत्रयभूषिताम् ॥	pratyālīḍha-padām ghorām muṇḍamālā-vibhūṣitām । kharvām lambodarīm bhīmām vyāghra-carmāvṛtām kaṭau ॥ navayauvana-sampannām pañca-mudrā-vibhūṣitām । caturbhujām lolajihvām mahābhīmām varapradām ॥ khaḍga-kartṛkā-samāyukta-savyetara-bhujadvayām । krpāṇotpala-samyukta-savya-pāṇiyugānvitām ॥ piṅgograika-jaṭām dhyāyen-maulāv-akṣobhya-bhūṣitām । bālārka-maṇḍalākāra-locanatraya-bhūṣitām ॥
---	---

Offer **Panchopachara Puja** of ghata/kalash as **Mā Tara** — sindur, akshat, flower, dhoop, deep, and naivedyam (sweet , or sugarcane juice, or anything available).

Step	Meaning	Mantra
गन्धम् (Gandham)	Offering sandalwood paste	ॐ तारा देव्यै नमः गन्धं समर्पयामि om tārā devyai namaḥ gandham samarpayāmi
पुष्पं (Puṣpam)	Offering flowers	ॐ तारा देव्यै नमः पुष्पं समर्पयामि। om tārā devyai namaḥ puṣpaṁ samarpayāmi
धूपं (Dhūpam)	Offering incense	ॐ तारा देव्यै नमः धूपं आघ्रापयामि om tārā devyai namaḥ dhūpaṁ āghrāpayāmi
दीपं (Dīpam)	Offering lamp	ॐ तारा देव्यै नमः दीपं दर्शयामि om tārā devyai namaḥ dīpaṁ darśayāmi
नैवेद्यं (Naivedyam)	Offering food items	ॐ तारा देव्यै नमः नैवेद्यं समर्पयामि। om tārā devyai namaḥ naivedyaṁ samarpayāmi
ॐ तारा देव्यै नमः सर्वोपचारान् समर्पयामि ॥ om tārā devyai namaḥ sarvopacārān samarpayāmi ॥		



Note: For Bhūta-śuddhi and Bhūtāpasaraṇa steps below, normally there maybe actions that need to be performed. If you do not know these things, you may simply chant the mantras mentioned below.

2. Bhūta-śuddhi

ॐ लं वं रं यं हं ॐ । ॐ हं यं रं वं लं ॐ ॥ ॐ मूलशृङ्गात् शिरसि सुषुम्णापथेन जीवशिवं परमशिवपदे योजयामि स्वाहा ॥ ॐ यं लिङ्गशरीरं शोषय शोषय स्वाहा ॥ ॐ रं संकोचशरीरं दह दह स्वाहा ॥ ॐ परमशिव सुषुम्णापथेन मूलशृङ्गात् मूलोल्लास ज्वल ज्वल प्रज्वल प्रज्वल सोऽहं हंसः स्वाहा ॥	om lam vam ram yam ham om om ham yam ram vam lam om om mūlaśṛṅgāt śirasi suṣumṇā-pathena jīva-śivaṃ parama-śiva-pade yojayāmi svāhā om yam liṅga-śarīraṃ śoṣaya śoṣaya svāhā om ram saṃkoca-śarīraṃ daha daha svāhā om parama-śiva suṣumṇā-pathena mūlaśṛṅgāt mūlollāsa jvala jvala prajvala prajvala so'ham haṃsaḥ svāhā
---	---

3. Bhūtāpasaraṇa

ॐ अपसर्पन्तु ते भूताः ये भूताः भुवि संस्थिताः । ये भूताः विघ्नकर्तारिस् ते नश्यन्तु शिवाज्ञया ॥ ॐ वेतालाश्च पिशाचाश्च राक्षसाश्च सरीसृपाः । अपसर्पन्तु ते सर्वे नरसिंहेन ताडिताः ॥	om apasarpaṇtu te bhūtā ye bhūtā bhuvi saṁsthitāḥ ye bhūtā vighna-kartāras te naśyantu śivājñayā ॥ om vetālāś ca piśācāś ca rākṣasāś ca sarīṣṛpāḥ apasarpaṇtu te sarve caṇḍikāyāś ca tejasā ॥
--	---

4. To the lighted diya, offer a little flower and say:

ॐ अग्नये नमः शुभं करोति कल्याणमारोग्यं धनसंपदा । शत्रुबुद्धिविनाशाय दीपज्योतिर्नमोऽस्तुते ॥	om agnaye namaḥ śubhaṃ karoti kalyāṇam-ārogyaṃ dhanasampadā, śatrubuddhi-vināśāya dīpajyotirnamo'stute.
---	---



5. Now offer one flower to each of the deities below:

ॐ गुरुभ्यो नमः	om gurubhyo namaḥ
ॐ परमगुरुभ्यो नमः	om paramagurubhyo namaḥ
ॐ परापरगुरुभ्यो नमः	om parāparagurubhyo namaḥ
ॐ परमेष्ठिगुरुभ्यो नमः	om parameṣṭhigurubhyo namaḥ
ॐ दिव्यौघगुरुभ्यो नमः	om divyaughagurubhyo namaḥ
ॐ सिद्धौघगुरुभ्यो नमः	om siddhaughagurubhyo namaḥ
ॐ मानवौघगुरुभ्यो नमः	om mānavaughagurubhyo namaḥ
ॐ सिद्धगुरु वामदेवाय नमः	om siddhaguru-vāmadevāya namaḥ
ॐ कामाख्या-देव्यै नमः	om kāmākhyā-devyai namaḥ
ॐ शरवणभवाय नमः	om śaravaṇabhavāya namaḥ
Navagraha	
ॐ सूर्याय नमः	om sūryāya namaḥ
ॐ चन्द्राय नमः	om candrāya namaḥ
ॐ मङ्गलाय नमः	om maṅgalāya namaḥ
ॐ बुधाय नमः	om budhāya namaḥ
ॐ बृहस्पतये नमः	om bṛhaspataye namaḥ
ॐ शुक्राय नमः	om śukrāya namaḥ
ॐ शनैश्चराय नमः	om śanaiścarāya namaḥ
ॐ राहवे नमः	om rāhave namaḥ
ॐ केतवे नमः	om ketave namaḥ
Dikpālas	
ॐ इन्द्राय नमः	om indrāya namaḥ



ॐ अग्नये नमः	om agnaye namaḥ
ॐ यमाय नमः	om yamāya namaḥ
ॐ निर्ऋतये नमः	om nirṛtaye namaḥ
ॐ वरुणाय नमः	om varuṇāya namaḥ
ॐ वायवे नमः	om vāyave namaḥ
ॐ सोमाय नमः	om somāya namaḥ
ॐ ईशानाय नमः	om īśānāya namaḥ
ॐ ब्रह्मणे नमः	om brahmaṇe namaḥ
ॐ शेषाय नमः	om śeṣāya namaḥ
Pañcadevatās	
ॐ शिवाय नमः	om śivāya namaḥ
ॐ नारायणाय नमः	om nārāyaṇāya namaḥ
ॐ दुर्गायै नमः	om durgāyai namaḥ
ॐ गणपतये नमः	om gaṇapataye namaḥ
ॐ मार्तण्डभैरवाय नमः	om mārtaṇḍabhairavāya namaḥ
Aṣṭa Yoginī Maṇḍala	
ॐ महाकालीयोगिन्यै नमः	om mahākālī-yoginyai namaḥ
ॐ रुद्राणीयोगिन्यै नमः	om rudrāṇī-yoginyai namaḥ
ॐ उमायोगिन्यै नमः	om umā-yoginyai namaḥ
ॐ नीलायोगिन्यै नमः	om nīlā-yoginyai namaḥ
ॐ घोरायोगिन्यै नमः	om ghorā-yoginyai namaḥ
ॐ भ्रामरीयोगिन्यै नमः	om bhrāmarī-yoginyai namaḥ
ॐ महारात्रियोगिन्यै नमः	om mahārātri-yoginyai namaḥ
ॐ भैरवीयोगिन्यै नमः	om bhairavī-yoginyai namaḥ
Pīṭha Devatā Pūjā	



ॐ ह्रीं पीठदेवताभ्यो नमः	om hrīm pīṭhadevatābhyo namaḥ
ॐ ह्रीं पीठशक्तिभ्यो नमः	om hrīm pīṭhaśaktibhyo namaḥ
R̥ṣi & Pradhāna Bhairava	
ॐ अक्षोभ्य-ऋषये नमः	om akṣobhya-r̥ṣaye namaḥ
ॐ महाकालभैरवाय नमः	om mahākālabhairavāya namaḥ
Caturvidha Puruṣārtha	
ॐ धर्माय नमः	om dharmāya namaḥ
ॐ कामाय नमः	om kāmāya namaḥ
ॐ अर्थाय नमः	om arthāya namaḥ
ॐ मोक्षाय नमः	om mokṣāya namaḥ
Dvāra / Kṣetra Devatā	
ॐ बटुकभैरवाय नमः	om baṭukabhairavāya namaḥ
ॐ गणपतये नमः	om gaṇapataye namaḥ
ॐ सर्वयोगिनीभ्यो नमः	om sarva-yoginībhyo namaḥ
ॐ क्षेत्रपालाय नमः	om kṣetrapālāya namaḥ
Samasta Āvaraṇa Samāpti	
ॐ तारादेवी-समेत-समस्त-आवरण-देवताभ्यो नमः	om tārādevī-sameta-samasta-āvaraṇadevatābhyo namaḥ

6. Finish with Kapoor (Camphor) Aarati or Manasik Pradakshina.
7. Do your daily count of the Tara mantra you have taken sankalpa of.
8. After completing the desired japa count, meditate on the following shloka for 5-10 mins minimum. Can meditate longer as per capacity.

शरणागतदीनार्त परित्राण परायणे। सर्वस्यार्तिहरे देवि नारायणि नमोऽस्तु ते॥	śaraṇāgatadīnārta-paritrāṇa-parāyaṇe । sarvasyārtihare devi nārāyaṇi namo 'stu te ॥
---	--



9. After completing your daily count, chant the Samarpan Mantra.

गुह्यति गुह्य गोप्त्रि त्वम् गृहाणस्मत्कृतं जपम् सिद्धिर्भवतु मे देवि त्वत्प्रसादन्मयि स्थिरा ॥	guhyati guhya goptri tvam grhāṇasmatkṛtaṁ japam siddhir bhavatu me devi tvatprasādān mayi sthirā
--	---

Ghata Visarjan (Last - 10th Day)

1. Offer Panchopachara Puja like everyday
2. Mentally thank Ma for spending the navratri with you. Offer final day offerings of vastra, sweets, dakshina etc.
3. Offer kshama prarthana as per the following:

अपराधसहस्राणि क्रियन्तेऽहर्निशं मया । दासोऽयमिति मां मत्वा क्षमस्व परमेश्वरि ॥1॥	aparādha-sahasrāṇi kriyante'harniśaṁ mayā dāso'yamiti māṁ matvā kṣamasva parameśvari ॥1॥
आवाहनं न जानामि न जानामि विसर्जनम् । पूजां चैव न जानामि क्षम्यतां परमेश्वरि ॥2॥	āvāhanaṁ na jānāmi na jānāmi visarjanam pūjāṁ caiva na jānāmi kṣamyatāṁ parameśvari ॥2॥
मन्त्रहीनं क्रियाहीनं भक्तिहीनं सुरेश्वरि । यत्पूजितं मया देवि परिपूर्णं तदस्तु मे ॥3॥	mantra-hīnaṁ kriyā-hīnaṁ bhakti-hīnaṁ sureśvari yat pūjitaṁ mayā devi paripūrṇaṁ tad astu me ॥3॥
अपराधशतं कृत्वा जगदम्बेति चोच्चरेत् । यां गतिं समवाप्नोति न तां ब्रह्मादयः सुराः ॥4॥	aparādha-śataṁ kṛtvā jagad-ambeti coccaret yāṁ gatiṁ samavāpnoti na tāṁ brahmādayaḥ surāḥ ॥4॥
सापराधोऽस्मि शरणं प्राप्तस्त्वां जगदम्बिके । इदानीमनुकम्प्योऽहं यथेच्छसि तथा कुरु ॥5॥	sāparādho'smi śaraṇaṁ prāptas tvāṁ jagad ambike idānīm anukampyo'haṁ yathecchasi tathā kuru ॥5॥
अज्ञानाद्विस्मृतेर्भान्त्या यन्न्यूनमधिकं कृतम् । तत्सर्वं क्षम्यतां देवि प्रसीद परमेश्वरि ॥6॥	ajñānād vismr̥ter bhāntyā yan nyūnam adhikaṁ kṛtam tat sarvaṁ kṣamyatāṁ devi prasīda parameśvari ॥6॥
कामेश्वरि जगन्मातः सच्चिदानन्दविग्रहे । गृहाणार्चामिमां प्रीत्या प्रसीद परमेश्वरि ॥7॥	kāmeśvari jagan-mātaḥ saccidānanda-vigrahe grhāṇārcām imāṁ prītyā prasīda parameśvari ॥7॥
गुह्यातिगुह्यगोप्त्री त्वं गृहाणास्मत्कृतं जपम् । सिद्धिर्भवतु मे देवि त्वत्प्रसादात्सुरेश्वरि ॥8॥	guhyāti-guhya-goptrī tvam grhāṇāsmat-kṛtaṁ japam siddhir bhavatu me devi tvat-prasādāt sureśvari ॥8॥

4. Once puja and japa is complete, start by removing the coconut from the top. The coconut can be done visarjan or in any flowing water body, along with the red cloth.
5. Take the akshata base and place it in an open space for birds to consume the rice.
6. Take the pancha pallava/mango/ashoka leaves, dip it in the kalash water and sprinkle it all over the home as a blessing. You may also partake in a few drops as prasadam.



Kamakhya Bhairava Upasaka Foundation

By Shri Rajarshi Nandy

7. The base with the grass can also be done visarjan in flowing water. If water is not available, place it under the base of a tree.
8. The ratnas or coins need not be donated. Take the ratnas or coin and some of the aksat on base, tie in a red cloth and keep it at home or in almira or puja space. This is charged and blessed.
9. Additionally, any vastra, shringar, money offered during the 9 days should also be used for donation.
10. Puja is completed by doing either Kanya Pujan as mentioned in the video:
 - a. If kanya puja is not possible, then all offered items can be donated to a Brahmin who serves at a Tara/Devi temple.
 - b. If kanya puja is not possible a saree and shringar may be donated to a Tara / Devi temple.

[Publication Date: October 7, 2026]