

## Navratri Ghatasthapana Puja

Youtube Video: <https://www.youtube.com/watch?v=4-392xQGM4Y>

Ghatasthapana is a process to invoke Mother Goddess into your home during Navratri time. The complete Ghatasthapana puja is done on the first day. Once the Ghatasthapana is completed on the first day, the ghata/kalash is considered as the living presence of Devi. So from the 2nd day onwards, regular puja is done daily on the ghata/kalash, as the swarupa of Ma till the end of Navaratri. On the 10th day, ghata visarjana is done to complete the puja.





## Materials Needed

### For Ghatasthapana (on Day 1)

1. Wide and open Clay Plate for base (see image above). A wide copper or brass plate can also be used.
2. Clay pot (*kalash*) — can also use copper or brass pot
3. A clay lid – can also use clay diya, or copper or brass lid
4. Clean soil, ideally from ganges or any river or any clean mud
5. Ideally *pancha dhanya* seeds (seeds of five different grains) or can use *jau* (barley) seeds
  - i. Hindu Puja stores normally sell pre-packaged sets of grains to be used
6. Ganga jal
7. Mouli / Kalawa (sacred red thread)
8. Attar or edible camphor
9. Pancha pallabha (five leaves representing the five vayus in the body). If not available, one can use 5 leaves of Mango or ashoka tree
10. Akshata (1 cup of unbroken rice)
11. 5 ratnas (gemstones) – if not available, may use 5 coins
12. Green coconut (used in Eastern India) or unpeeled brown coconut.
13. Red cotton cloth (for wrapping the coconut and optionally)
  - i. If you plan to use a pedestal to place the kalasha setup, you may cover it with red cloth as well
14. Flowers
15. Durva grass (optional)

### For Daily puja (On all days)

1. Sandalwood paste
2. Akshata (unbroken rice - see akshata preparation section for more details)
3. Flowers
4. A ghee diya
5. Agarbatti or dhoop
6. Clean water for achamana

## Akshata Preparation

Take some unbroken rice, and add kumkum, turmeric and a small amount of ghee and keep aside. This akshata can be used as a substitute whenever some puja material is unavailable such as flowers.



## Ghata Preparation

1. **Preparing the soil:** First take the wide clay pot (the one which would be used to keep the Kalash) to sow the grains. Spread the first layer of the soil into the pot and then spread the grain seeds evenly. Avoid placing grains too much in the center. Now add the second layer of the soil and grains. In the second layer grains should be spread near the periphery of the pot. Now spread the third and final layer of the soil into the pot. If needed add little water to the pot to set the soil.
2. **Preparing the ghata:** Now take the ghata and tie the mauli/kalawa on the neck 9 times.
3. **Preparing the water:** Inside the ghata/kalash we place five ratnas or jewels (use 5 coins if not available) representing five indriyas and fill it up with the water up to the neck. Add a little bit of gangajal and Attar to it (can also add cloves or edible camphor to make it fragrant).
4. **Setting the leaves:** Now, adding the pancha pallabha or five leaves represent the five vayus in the body. Add one mark of sindur on each of the five leaves before putting them in the ghata/kalash. Gently place the 5 leaves at the edge of the Kalash before covering it with a lid. Make sure the base of the leaves do not touch the water or else it will contaminate the water
  - a. On the Kalash draw a swastika with red sindur.
5. **Setting the lid:** Fill the lid with unbroken rice (not up to the brim). We need enough rice to provide a base for the coconut to be balanced on it. Add Durva grass to the rice if you have it.
6. **Preparing the coconut:** Put five dots with sindur on the coconut before placing it. Place a red cloth on the coconut to cover as an offering of vastram. Or you may wrap the coconut with red cloth and then use a red thread to tie around it. While putting the thread, chant any mantra of durga.. this is to protect the ghata/kalash.
7. **Placing the coconut:** Place the coconut on the rice base. The tuft of the coconut must face the individual upasaka. Add coins on the akshat base towards the side.

OPTIONAL: The ghata/kalash can be protected by a red thread around it placed in four corners around the ghata/kalash in a square formation. Each corner can have a small lump of mud on which a stick is placed and then a red thread tied around the four sticks in a way of protecting the ghata/kalash from external forces. In case this is not possible, skip this. Just the thread tied around the coconut will act as a protection.

***Make sure the whole setup is stable and can stand on its own.*** Make sure the ghata/kalash is a bit buried in the soil and the coconut is a bit buried in the rice to provide stability.

Place some flowers on the ghata/kalash.

Now we are ready for pujas on this ghata/kalash.



## Ghatasthapana Procedure (First Day Only)

In this section, we describe the puja procedure for invocation of Ma Durga into the ghata/kalash. All the steps mentioned in this section are to be done on **the first day of Navratri**.

**Timing:** Ideally Ghatasthapana puja is to be done during [ghatasthapana mahuratam](#) (please check drikpanchang for your location). If doing the puja during Ghatasthapana muhurat is not possible for some reason, sthapana can be done during any time on the pratipada tithi (first tithi of Navratri per Hindu calendar) before sunset. Ghatasthapana should **NOT** be done after sunset.

## Puja Process

1. Pick a place for the Ghata/Kalash setup. Do not move the setup from this place for all the days of Navratri. You may draw a small kolam or rangoli at this spot before placing the kalash. You may also use a raised pedestal covered with red cloth to place the ghata/kalash.
2. Light a diya and agarbatti. Akhand Diya (of ghee or oil) is recommended
3. Pray to Ganapati to remove the obstacles of your puja and make your puja successful
4. Mentally imagine and pray that all the devatas along with your pradhana devata (Ma Durga) bless the ghata/kalash and reside there.
5. Then, with each of the following mantras, **offer one flower or red sindoor or akshata on the ghata** to the following devatas in order. Just one pinch of sindoor or flower is enough for each devata.

ॐ श्री महागणाधिपतये नमः	om śrī mahāgaṇādhīpataye namaḥ
ॐ लक्ष्मीनारायणाभ्यां नमः	om lakṣmī-nārāyaṇābhyāṃ namaḥ
ॐ उमामहेश्वराभ्यां नमः	om umāmaheśvarābhyāṃ namaḥ
ॐ वाणिहिरण्यगर्भाभ्यां नमः	om vāṇi-hiraṇyagarbhābhyāṃ namaḥ
ॐ शचीपुरन्दराभ्यां नमः	om śacī-purandarābhyāṃ namaḥ
ॐ मातापितृभ्यां नमः	om mātāpitṛbhyāṃ namaḥ
ॐ इष्टदेवेभ्यो नमः	om iṣṭadevebhyo namaḥ
ॐ कुलदेवताभ्यो नमः	om kuladevatābhyo namaḥ



# Kamakhya Bhairava Upasaka Foundation

By Shri Rajarshi Nandy

ॐ ग्रामदेवताभ्यो नमः	om grāmadevatābhyo namaḥ
ॐ वास्तुदेवताभ्यो नमः	om vāstudevatābhyo namaḥ
ॐ स्थानदेवताभ्यो नमः	om sthānadevatābhyo namaḥ
ॐ गृहदेवताभ्यो नमः	om gṛhadevatābhyo namaḥ
ॐ सर्वेभ्यो देवेभ्यो नमः	om sarvebhyo devebhyo namaḥ
ॐ सर्वेभ्यो ब्राह्मणेभ्यो नमः	om sarvebhyo brāhmaṇebhyo namaḥ
<b>Offer one flower or petal touched in little Chandan with each of the following mantras.</b>	
एते गन्धपुष्पे ॐ गं गणपतये नमः	ete gandhapuṣṭe om gaṃ gaṇapataye namaḥ
एते गन्धपुष्पे ॐ आदित्यादि नवग्रहेभ्यो नमः	ete gandhapuṣṭe om ādityādi navagrahebhyo namaḥ
एते गन्धपुष्पे ॐ शिवादि पञ्चदेवताभ्यो नमः	ete gandhapuṣṭe om śivādi pañcadevatābhyo namaḥ
एते गन्धपुष्पे ॐ इन्द्रादि दशदिक्पालेभ्यो नमः	ete gandhapuṣṭe om indrādi daśadikpālebhyo namaḥ
एते गन्धपुष्पे ॐ मत्स्यादि दशावतारेभ्यो नमः	ete gandhapuṣṭe om matsyādi daśāvatārebhyo namaḥ
एते गन्धपुष्पे ॐ प्रजापतये नमः	ete gandhapuṣṭe om prajāpataye namaḥ
एते गन्धपुष्पे ॐ नमो नारायणाय नमः	ete gandhapuṣṭe om namo nārāyaṇāya namaḥ
एते गन्धपुष्पे ॐ सर्वेभ्यो देवेभ्यो नमः	ete gandhapuṣṭe om sarvebhyo devebhyo namaḥ



एते गन्धपुष्पे ॐ सर्वेभ्यो देवीभ्यो नमः	ete gandhapuṣṣpe om sarvebhyo devībhyo namaḥ
एते गन्धपुष्पे ॐ श्रीगुरवे नमः	ete gandhapuṣṣpe om śrīgurave namaḥ
<b>Then, fold hands and say</b>	
ॐ तद्विष्णोः परमं पदं सदा पश्यन्ति सूर्यः । दिवीव चक्षुराततम् ॥	om tadviṣṇoḥ paramaṁ padam sadā paśyanti sūrayaḥ divīva cakṣurātataṁ
<b>Take little water from the achaman patra with a flower and sprinkle all around saying..</b>	
ॐ अपवित्रः पवित्रो वा सर्वावस्थां गतोपि वा । यः स्मरेत्पुण्डरीकाक्षं स बाह्याभ्यन्तरः शुचिः ॥	om apavitraḥ pavitra vā sarvāvasthāṁ gato'pi vā yaḥ smaret puṇḍarīkākṣaṁ sa bāhyābhyantaraḥ śuciḥ

6. Take sankalpa to keep the ghata/kalash for all the 9 days of navratri and worship Her for all 9 days.
  - a. You can include maintaining Akhanda Diya to the sankalpa
  - b. You can also include any japa or stotram patha to the sankalpa if you wish — Durga chalisa, Durga 32 names or any Durga mantra (if you have upadesam) can be done.
7. Recite basic sloka for propitiating mahaganapati and pray to remove any obstacles. Offer a flower or akshtas.

वक्रतुण्ड महाकाय सूर्यकोटि समप्रभ । निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥	vakratuṇḍa mahākāya sūryakoṭi samaprabha   nirvighnaṁ kuru me deva sarvakāryeṣu sarvadā
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8. Then do Swasti Vachanam as follows:

ॐ भद्रं कर्णेभिः शृणुयाम देवाः । भद्रं पश्येमाक्षभिर्यजत्राः । स्थिरैरङ्गैस्तुष्टुवागँसस्तनूभिः । व्यशेम देवहितं यदायूः । स्वस्ति न इन्द्रो वृद्धश्रवाः स्वस्ति नः पूषा विश्ववेदाः । स्वस्ति नस्तार्क्ष्यो अरिष्टनेमिः स्वस्ति नो बृहस्पतिर्दधातु ॥ ॐ शान्तिः शान्तिः शान्तिः ॥	om bhadraṁ karṇebhiḥ śṛṇuyāma devāḥ । bhadraṁ paśyemākṣabhiryajatrāḥ । sthirairāṅgaistuṣṭuvāgaṁsas tanūbhiḥ । vyaśema devahitaṁ yadāyuh । svasti na indro vṛddhaśravāḥ svasti naḥ pūṣā viśvavedāḥ । svasti nastārksyo ariṣṭanemiḥ svasti no bṛhaspatir dadhātu ॥ om śāntiḥ śāntiḥ śāntiḥ ॥
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9. Now offer one flower/ little sindoor to each of the deities below:

ॐ दुर्गे दुर्गे रक्षिणी हुं फट् स्वाहा	om durgē durgē rakṣiṇi huṁ phaṭ svāhā
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ॐ ऋतं सत्यं परं ब्रह्म पुरुषं कृष्णापिङ्गलम् । ऊर्ध्वरितं विरूपाक्षं विश्वरूपाय वै नमो नमः ॥	om ṛtaṃ satyaṃ paraṃ brahma puruṣaṃ kṛṣṇaṅgalaṃ, ūrdhvaretaṃ virūpākṣaṃ viśvarūpāya vai namo namaḥ.
एते गन्धपुष्पे ॐ ब्रह्मणे नमः	ete gandhapuṣpe om brahmane namaḥ
एते गन्धपुष्पे ब्राह्मणेभ्यो नमः	ete gandhapuṣpe brāhmaṇebhyo namaḥ
एते गन्धपुष्पे ॐ आचार्येभ्यो नमः	ete gandhapuṣpe om ācāryebhyo namaḥ
एते गन्धपुष्पे ऋषिभ्यो नमः	ete gandhapuṣpe ṛṣibhyo namaḥ
एते गन्धपुष्पे देवेभ्यो नमः	ete gandhapuṣpe devebhyo namaḥ
एते गन्धपुष्पे वेदेभ्यो नमः	ete gandhapuṣpe vedebhyo namaḥ
एते गन्धपुष्पे तन्त्रेभ्यो नमः	ete gandhapuṣpe tantrebhyo namaḥ
एते गन्धपुष्पे वायवे नमः	ete gandhapuṣpe vāyave namaḥ
एते गन्धपुष्पे मृत्यवे नमः	ete gandhapuṣpe mṛtyave namaḥ
एते गन्धपुष्पे विष्णवे नमः	ete gandhapuṣpe viṣṇave namaḥ
एते गन्धपुष्पे वैश्रवणाय नमः	ete gandhapuṣpe vaiśraṇāya namaḥ
एते गन्धपुष्पे उपजाय नमः	ete gandhapuṣpe upajāya namaḥ
एते गन्धपुष्पे ॐ कौम् कुमार्यै नमः	ete gandhapuṣpe om kaum kumāryai namaḥ

NOW IMAGINE THE GHATA/KALASH HAS ENERGY OF MA DURGA.

## Daily Puja Process

The following steps are to be done daily for all days of Navratri (including the first day after Ghatasthapana and on the last day before visarjana). This process will take about 40 minutes, not including the japa and dhyanam. The whole process done daily will create a very strong impact when all the deities are invoked and fed daily.

**Note:** If one does not have flowers, then one can use akshata prepared.



**Note:** If one is unable to do this process daily due to lack of time, one can do **dhyānam of Mā Durgā**, Panchopachara Puja of Mā Durgā, Japa, Dhyānam on the shloka and Samarpana for an abridged process.

## Daily Puja Steps

### 1. Dhyānam of Mā Durgā

विद्युद्दामसमप्रभां मृगपतिस्कंधस्थितां भीषणां कन्याभिः करवालखेटविलसद्भस्ताभिरासेविताम्।  हस्तैश्चक्रदरालिखेटविशिखांश्चापं गुणं तर्जनीं बिभ्राणामनलात्मिकां शशिधरां दुर्गां त्रिनेत्रां भजे ॥	vidyuddāmasamaprabhām mṛgapatiskaṁdhasthitām bhīṣaṇām kanyābhiḥ karavālakhēṭavikasaddhastābhirāsēvitām    hastaishcakradarālikhēṭaviśikhāmścāpaṁ guṇaṁ tarjanīm bibhrāṇāmanalātmikām śaśidharām durgām trinetrām bhajē ॥
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याचण्डी मधुकैटभादिदलनी यामाहिषोन्मूलिनी याधूम्रेक्षणचण्डमुण्डमथनी यारक्तबीजाशनी ।  शक्तिः शुम्भनिशुम्भदैत्यदलनी यासिद्धिदात्री परा सा देवी नवकोटिमूर्तिसहिता मां पातु विश्वेश्वरी ॥	yā caṇḍī madhukaiṭabhādīdalanī yā māhiṣōnmūlinī yā dhūmrēkṣaṇacaṇḍamuṇḍamathanī yā raktabījāśanī    śaktiḥ śumbhaniśumbhadaitiyadalanī yā siddhidātrī parā sā dēvī navakōṭimūrtisahitā mām pātu viśvēśvarī ॥
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2. Offer **Panchopachara Puja** of ghata/kalash as **Mā Durgā** — sindur, akshat, flower, dhoop, deep, and naivedyam (sweet best, or sugarcane juice, or anything available).

Step	Meaning	Mantra
गन्धम् (Gandham)	Offering sandalwood paste	ॐ ह्रीं दुर्गायै नमः गन्धम् समर्पयामि। (oṁ hrīm durgāyai namaḥ gandham samarpayāmi)
पुष्पं (Puṣpam)	Offering flowers	ॐ ह्रीं दुर्गायै नमः पुष्पं समर्पयामि। (oṁ hrīm durgāyai namaḥ puṣpaṁ samarpayāmi)
धूपं (Dhūpam)	Offering incense	ॐ ह्रीं दुर्गायै नमः धूपं समर्पयामि। (oṁ hrīm durgāyai namaḥ dhūpaṁ samarpayāmi)



दीपं (Dīpam)	Offering lamp	ॐ ह्रीं दुर्गायै नमः दीपं समर्पयामि। (om hrīm durgāyai namaḥ dīpaṁ samarpayāmi)
नैवेद्यं (Naivedyam)	Offering food items	ॐ ह्रीं दुर्गायै नमः नैवेद्यं समर्पयामि। (om hrīm durgāyai namaḥ naivedyaṁ samarpayāmi)
ॐ ह्रीं दुर्गायै नमः सर्वोपचारान् समर्पयामि ॥ om hrīm durgāyai namaḥ sarvopacārān samarpayāmi ॥		

**Note:** For Nyāsas, Bhūta-śuddhi and Bhūtāpasaraṇa steps below, normally there maybe actions that need to be performed. If you do not know these things, you may simply chant the mantras mentioned below.

3. Now do **karanyāsa, anga nyāsa for Mā Durgā**. If you do not know how to do any Nyāsas, just chant the following provided

### karanyāsa

ॐ हां अङ्गुष्ठाभ्यां नमः ॐ ह्रीं तर्जनीभ्यां नमः ॐ ह्रूं मध्यमाभ्यां नमः ॐ ह्रौं अनामिकाभ्यां नमः ॐ ह्रौं कनिष्ठिकाभ्यां नमः ॐ ह्रः करतल-करपृष्ठाभ्याम् नमः ॐ ह्रीं श्रीं दुं दुर्गायै नमः	om hrām aṅguṣṭhābhyāṁ namaḥ om hrīm tarjanībhyāṁ namaḥ om hrūṁ madhyamābhyāṁ namaḥ om hraiṁ anāmikābhyāṁ namaḥ om hrauṁ kaniṣṭhikābhyāṁ namaḥ om hraḥ karatala-karapṛṣṭhābhyāṁ namaḥ om hrīm śrīm duṁ durgāyai namaḥ
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### anga nyāsa

ॐ हां हृदयाय नमः ॐ ह्रीं शिरसे स्वाहा ॐ ह्रूं शिखायै वषट् ॐ ह्रौं कवचाय हुं ॐ ह्रौं नेत्रत्रयाय वौषट् ॐ ह्रः अस्त्राय फट् ॐ ह्रीं श्रीं दुं दुर्गायै नमः	om hrām hṛdayāya namaḥ om hrīm śirase svāhā om hrūṁ śikhāyai vaṣaṭ om hraiṁ kavacāya huṁ om hrauṁ netratrayāya vauṣaṭ om hraḥ astrāya phaṭ om hrīm śrīm duṁ durgāyai namaḥ
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4. **Bhūta-śuddhi**



<p>ॐ लं वं रं यं हं ॐ । ॐ हं यं रं वं लं ॐ ॥</p> <p>ॐ मूलशृङ्गात् शिरसि सुषुम्णापथेन जीवशिवं परमशिवपदे योजयामि स्वाहा ॥</p> <p>ॐ यं लिङ्गशरीरं शोषय शोषय स्वाहा ॥ ॐ रं संकोचशरीरं दह दह स्वाहा ॥</p> <p>ॐ परमशिव सुषुम्णापथेन मूलशृङ्गात् मूलोल्लास ज्वल ज्वल प्रज्वल प्रज्वल सोऽहं हंसः स्वाहा ॥</p>	<p>om lam vam ram yam ham om om ham yam ram vam lam om</p> <p>om mūlaśṛṅgāt śirasi suṣumṇā-pathena jīva-śivaṃ parama-śiva-pade yojayāmi svāhā</p> <p>om yam liṅga-śarīraṃ śoṣaya śoṣaya svāhā om ram saṃkoca-śarīraṃ dha dha svāhā</p> <p>om parama-śiva suṣumṇā-pathena mūlaśṛṅgāt mūlollāsa jvala jvala prajvala prajvala so'ham haṃsaḥ svāhā</p>
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## 5. Bhūtāpasaraṇa

<p>ॐ अपसर्पन्तु ते भूताः ये भूताः भुवि संस्थिताः । ये भूताः विघ्नकर्तारस् ते नश्यन्तु शिवाज्ञया ॥</p> <p>ॐ वेतालाश्च पिशाचाश्च राक्षसाश्च सरीसृपाः । अपसर्पन्तु ते सर्वे नरसिंहेन ताडिताः ॥</p>	<p>om apasarpantu te bhūtā ye bhūtā bhuvi saṃsthitāḥ   ye bhūtā vighna-kartāras te naśyantu śivājñayā   </p> <p>om vetālāś ca piśācāś ca rākṣasāś ca sarīsrpāḥ   apasarpantu te sarve narasiṃhena tāḍitāḥ   </p>
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## 6. To the lighted diya, offer a little flower and say:

<p>ॐ अग्नये नमः ॐ त्वां दुर्गे नमामि</p>	<p>om agnaye namaḥ om tvāṃ durge namāmi</p>
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## 7. Now offer one flower to each of the deities below:

ॐ नमः शिवाय	om namaḥ śivāya
ॐ नारायणाय नमः	om nārāyaṇāya namaḥ
ॐ दुर्गा देव्यै नमः	om durgā devyai namaḥ
ॐ सूर्यदेवाय नमः	om sūryadevāya namaḥ
ॐ गणपतये नमः	om gaṇapataye namaḥ
ॐ भैरवाय नमः	om bhairavāya Namaḥ



ॐ गुरुभ्यो नमः (३ वारं)	om gurubhyo namaḥ (3 times)
ॐ योगिनीभ्यो नमः	om yoginībhyo namaḥ
ॐ क्षेत्रपालाय नमः	om kṣetrapālāya namaḥ
ॐ वटुकाय नमः	om vaṭukāya namaḥ
ॐ गणपतये नमः	om gaṇapataye namaḥ
<b>Navadurga</b>	
ॐ शैलपुत्र्यै नमः	om śailaputryai namaḥ
ॐ ब्रह्मचारिण्यै नमः	om brahmacāriṇyai namaḥ
ॐ चन्द्रघण्टायै नमः	om candraghaṇṭāyai namaḥ
ॐ कूष्माण्डायै नमः	om kūṣmāṇḍāyai namaḥ
ॐ स्कन्दमातायै नमः	om skandamātāyai namaḥ
ॐ कात्यायन्यै नमः	om kātyāyanai namaḥ
ॐ कालरात्र्यै नमः	om kālarātryai namaḥ
ॐ महागौर्यै नमः	om mahāgauryai namaḥ
ॐ सिद्धिदात्र्यै नमः	om siddhidātryai namaḥ
<b>Navagraha</b>	
ॐ सूर्याय नमः	om sūryāya namaḥ
ॐ चन्द्राय नमः	om candrāya namaḥ
ॐ मङ्गलाय नमः	om maṅgalāya namaḥ
ॐ बुधाय नमः	om budhāya namaḥ
ॐ बृहस्पतये नमः	om bṛhaspataye namaḥ
ॐ शुक्राय नमः	om śukrāya namaḥ
ॐ शनैश्चराय नमः	om śanaiścarāya namaḥ
ॐ राहवे नमः	om rāhave namaḥ



ॐ केतवे नमः	om ketave namaḥ
<b>Ashta Matrikas</b>	
ॐ ब्राह्म्यै नमः	om brāhmyai namaḥ
ॐ वैष्णव्यै नमः	om vaiṣṇavyai namaḥ
ॐ माहेश्वर्यै नमः	om māheśvaryai namaḥ
ॐ इन्द्राण्यै नमः	om indrāṅgyai namaḥ
ॐ कौमार्यै नमः	om kaumāryai namaḥ
ॐ वाराह्यै नमः	om vārāhyai namaḥ
ॐ चामुण्डायै नमः	om cāmuṇḍāyai namaḥ
ॐ नारसिंह्यै नमः	om nārasimhyai namaḥ
<b>Ashta Bhairava</b>	
ॐ असिताङ्गभैरवाय नमः	om asitāṅgabhairavāya namaḥ
ॐ रुरुभैरवाय नमः	om rurubhairavāya namaḥ
ॐ चण्डभैरवाय नमः	om caṇḍabhairavāya namaḥ
ॐ क्रोधभैरवाय नमः	om krodhabhairavāya namaḥ
ॐ उन्मत्तभैरवाय नमः	om unmattabhairavāya namaḥ
ॐ कपालभैरवाय नमः	om kapālabhairavāya namaḥ
ॐ भीषणभैरवाय नमः	om bhīṣaṇabhairavāya namaḥ
ॐ संहारभैरवाय नमः	om saṁhārabhairavāya namaḥ
<b>Mahavidyas</b>	
ॐ वटुकाय नमः	om vaṭukāya namaḥ
ॐ कालिके नमः	om kālike namaḥ



# Kamakhya Bhairava Upasaka Foundation

By Shri Rajarshi Nandy

ॐ तारायै नमः	om tārāyai namaḥ
ॐ त्रिपुरसुन्दर्यै नमः	om tripurasundaryai namaḥ
ॐ भुवनेश्वर्यै नमः	om bhuvaneśvaryai namaḥ
ॐ छिन्नमस्तायै नमः	om chinnamastāyai namaḥ
ॐ भैरव्यै नमः	om bhairavyai namaḥ
ॐ धूमावत्यै नमः	om dhūmavatyai namaḥ
ॐ बगलामुख्यै नमः	om bagalāmukhyai namaḥ
ॐ मातङ्ग्यै नमः	om mātaṅgyai namaḥ
ॐ कमलायै नमः	om kamalāyai namaḥ
Kamakhya Bhairava Upasaka Foundation	
ॐ धर्माय नमः	om dharmāya namaḥ
ॐ कामाय नमः	om kāmāya namaḥ
ॐ अर्थाय नमः	om arthāya namaḥ
ॐ मोक्षाय नमः	om mokṣāya namaḥ
ॐ उग्रचण्डायै नमः	om ugracaṇḍāyai namaḥ
ॐ प्रचण्डायै नमः	om pracaṇḍāyai namaḥ
ॐ चण्डोग्रायै नमः	om caṇḍogrāyai namaḥ
ॐ चण्डवत्यै नमः	om caṇḍavatyai namaḥ
ॐ चण्डरूप्यै नमः	om caṇḍarūpyai namaḥ
ॐ अति चण्डिकायै नमः	om ati caṇḍikāyai namaḥ
ॐ महाकाल्यै नमः	om mahākālyai namaḥ
ॐ महालक्ष्म्यै नमः	om mahālakṣmyai namaḥ
ॐ महासरस्वत्यै नमः	om mahāsarasvatyai namaḥ
ॐ सिंहाय नमः	om simhāya namaḥ



ॐ शिवाय नमः	om śivāya namaḥ
ॐ आत्मने नमः	om ātmane namaḥ
ॐ परमात्मने नमः	om paramātmane namaḥ
ॐ गुरुभ्यो नमः (३ वारं)	om gurubhyo namaḥ (3 times)
ॐ ऋषिभ्यो नमः	om ṛṣibhyo namaḥ
ॐ ऋषिपत्निभ्यो नमः	om ṛṣipatnibhyo namaḥ
ॐ सकल आवरण देवताभ्यो नमः	om sakala āvaraṇa devatābhyo namaḥ
ॐ गृहदेवताभ्यो नमः	om gṛhadevatābhyo namaḥ
ॐ कुल देवतायै नमः	om kula devatāyai namaḥ

8. Finish with Kapoor (Camphor) Aarati or Manasik Pradakshina.
9. Do your daily count of whichever Durga mantra/stotram you have taken sankalpa of.
10. After completing the desired japa count, meditate on the following shloka for 5-10 mins minimum. Can meditate longer as per capacity.

शरणागतदीनार्त परित्राण परायणे। सर्वस्यार्तिहरे देवि नारायणि नमोऽस्तु ते॥	śaraṇāgatadīnārta-paritrāṇa-parāyaṇe । sarvasyārtihare devi nārāyaṇi namo 'stu te ॥
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11. After completing your daily count, chant the Samarpan Mantra.

गुह्यति गुह्य गोप्त्रि त्वम् गृहाणस्मत्कृतं जपम् सिद्धिर्भवतु मे देवि त्वत्प्रसादन्मयि स्थिरा ॥	guhyati guhya goptri tvam gṛhāṇasmatkṛtaṁ japam siddhir bhavatu me devi tvatprasādān mayi sthirā
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## Ghata Visarjan (Last - 10th Day)

1. Offer Panchopachara Puja like everyday
2. Mentally thank Ma for spending the navratri with you. Offer final day offerings of vastra, sweets, dakshina etc.
3. Offer kshama prarthana as per the following:



अपराधसहस्राणि क्रियन्तेऽहर्निशं मया । दासोऽयमिति मां मत्वा क्षमस्व परमेश्वरि ॥ 1 ॥	aparādha-sahasrāṇi kriyante'harniśaṃ mayā dāso'yamiti māṃ matvā kṣamasva parameśvari ॥ 1 ॥
आवाहनं न जानामि न जानामि विसर्जनम् । पूजां चैव न जानामि क्षम्यतां परमेश्वरि ॥ 2 ॥	āvāhanaṃ na jānāmi na jānāmi visarjanam pūjāṃ caiva na jānāmi kṣamyatāṃ parameśvari ॥ 2 ॥
मन्त्रहीनं क्रियाहीनं भक्तिहीनं सुरेश्वरि । यत्पूजितं मया देवि परिपूर्णं तदस्तु मे ॥ 3 ॥	mantra-hīnaṃ kriyā-hīnaṃ bhakti-hīnaṃ sureśvari yat pūjitaṃ mayā devi paripūrṇaṃ tad astu me ॥ 3 ॥
अपराधशतं कृत्वा जगदम्बेति चोच्चरेत् । यां गतिं समवाप्नोति न तां ब्रह्मादयः सुराः ॥ 4 ॥	aparādha-śataṃ kṛtvā jagad-ambeti coccaret yāṃ gatiṃ samavāpnoti na tāṃ brahmādayaḥ surāḥ ॥ 4 ॥
सापराधोऽस्मि शरणं प्राप्तस्त्वां जगदम्बिके । इदानीमनुकम्प्योऽहं यथेच्छसि तथा कुरु ॥ 5 ॥	sāparādho'smi śaraṇaṃ prāptas tvāṃ jagad ambike idānīm anumampyo'haṃ yathecchasi tathā kuru ॥ 5 ॥
अज्ञानाद्विस्मृतेर्भान्त्या यन्न्यूनमधिकं कृतम् । तत्सर्वं क्षम्यतां देवि प्रसीद परमेश्वरि ॥ 6 ॥	ajñānād vismṛter bhāntyā yan nyūnam adhikaṃ kṛtam tat sarvaṃ kṣamyatāṃ devi prasīda parameśvari ॥ 6 ॥
कामेश्वरि जगन्मातः सच्चिदानन्दविग्रहे । गृहाणार्चामिमां प्रीत्या प्रसीद परमेश्वरि ॥ 7 ॥	kāmeśvari jagan-mātaḥ saccidānanda-vigrahe grhāṇārcām imāṃ prītyā prasīda parameśvari ॥ 7 ॥
गुह्यातिगुह्यगोप्त्री त्वं गृहाणास्मत्कृतं जपम् । सिद्धिर्भवतु मे देवि त्वत्प्रसादात्सुरेश्वरि ॥ 8 ॥	guhyāti-guhya-goptrī tvāṃ grhāṇāsmat-kṛtaṃ japam siddhir bhavatu me devi tvat-prasādāt sureśvari ॥ 8 ॥

- Once puja and japa is complete, start by removing the coconut from the top. The coconut can be done visarjan or in any flowing water body, along with the red cloth.
- Take the akshata base and place it in an open space for birds to consume the rice.
- Take the pancha pallava/mango/ashoka leaves, dip it in the kalash water and sprinkle it all over the home as a blessing. You may also partake in a few drops as prasadam.
- The base with the grass can also be done visarjan in flowing water. If water is not available, place it under the base of a tree.
- The ratnas or coins need not be donated. Take the ratnas or coin and some of the aksat on base, tie in a red cloth and keep it at home or in almira or puja space. This is charged and blessed.
- Additionally, any vastra, shringar, money offered during the 9 days should also be used for donation.
- Puja is completed by doing either Kanya Pujan as mentioned in the video:
  - Powerful Navaratri Sadhana | Durga Puja | Rajarshi Nandy
    - If kanya puja is not possible, then all offered items can be donated to a Brahmin who serves at a Durga/Devi temple.
    - If kanya puja is not possible a saree and shringar may be donated to a Durga temple.

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