

## Simple Batuka Yantra Sadhana

This simple Batuka Yantra Sadhana brings immense blessings and protection of Batuka Bhairava to the upasaka.

YT: [▶ YANTRA | Use and Significance in Devata Upasana | Rajarshi Nandy](#)

### When to do This Sadhana

This sadhana can be started on any of the following days and times:

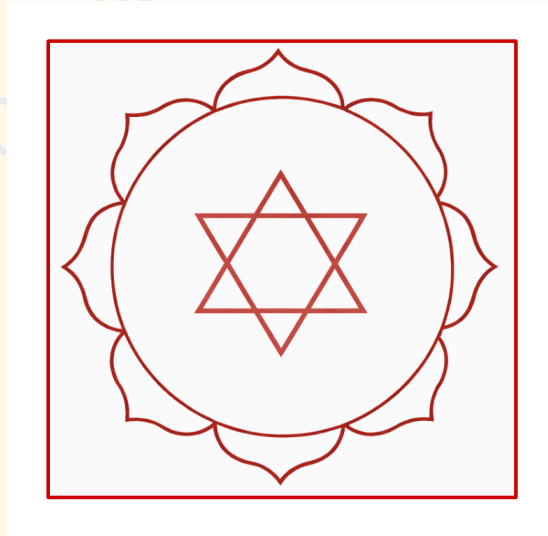
- Anytime on a Sunday (except for 12-3 am)
- Anytime on a Tuesday (except for 12-3 am)
- After 8 pm on a Friday

This sadhana has to be done for **11 days**.

### Preparing the Yantra

Use good quality paper and ink. a **white** sheet of paper, draw a simple Batuka Yantra with **red ink**.

Batuka Bhairava yantra consists of a 6 pointed star, surrounded by a circle. Outside the circle there are eight petals that are then surrounded by a square. The yantra should look pleasing and aesthetically good.



Take a different piece of paper, and write the following moola mantra of Batuka Bhairava. Place this paper on the yantra that you have drawn.



ॐ ह्रीं बटुकाय आपदुद्धारणाय कुरु कुरु बटुकाय ह्रीं

om hrīm baṭukāya āpaduddhāraṇāya kuru kuru baṭukāya hrīm

## Daily Sadhana Procedure

1. Do achamana.
2. Take a piece of red cloth or a brass plate. Place the yantra on it. On top of that, place the paper with the moola mantra written on it.
3. Place the plate in a clean space. You can place this on your altar or puja space or any clean space. Pray to Batuka Bhairava to be present and accept seva. This yantra is now the devata.
4. Light a diya and agarbatti or dhoop.
5. Offer deepam, agarbatti, flowers, and naivedyam to the yantra.
  - You may offer any sweets or even a piece of jaggery as naivedyam (bhog).
6. Mix the following items in a plate: Ashtagandha powder, kumkum, fresh unused vibhuti, a few flower petals
7. With each chant of the Batuka Bhairava moola mantra, offer a pinch of the mixture that you have prepared in the previous step. Repeat this for a minimum of 3 malas (3 x 108 chants) daily for 11 days.

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8. After completing 3 malas, you can do either one of the following:
  - Leave the offerings on the yantra.
  - Collect and store it separately in a separate clean container.

## Concluding Steps

1. After 11 days, gather the offered mixture. Collect the petals and dry them completely in the sun or by folding between the pages of a book. Petals can then be crushed into a fine powder and mixed with the rest of the mixture.

- This mixture can be used as a tilakam.
- You can share this mixture with others.
- You can carry this mixture along with you in the form of a silver amulet that you wear on your body for protection or blessings.
- During sickness, a pinch of this can be ingested with water.

This mixture brings immense blessings and protection (within the bounds of your karma) of Batuka Bhairava to the upasaka.

2. Visit any Shiva temple, make some offerings there and feed at least one person. Ideally, feed a young boy but it can be anyone.



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3. You can keep the yantra paper in puja space, or you can do visarjan of it into any clean flowing water only. Do not put it in the trash, stagnant water, or any other unclean place.

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